

## Normas y Creencias Culturales Asociadas a la Conducta Sexual de Jóvenes (capítulo), en Aportaciones actuales a la psicología social.

Betancourt, O. D.; González-González, A.; Zonana, J. R.; Pastor, T. B.; Álvarez, L. C.; Levy, T. S.

### **Resumen.**

Se presentan resultados de un estudio que analizó las diferencias en las normas y creencias culturales en universitarios que han y no han tenido relaciones sexuales. Participaron en el estudio 360 estudiantes universitarios, de instituciones públicas y privadas; a quienes se les aplicaron los Inventarios de Normas y Creencias Culturales en los ámbitos de las relaciones interpersonales y de género indicadores, así como el Cuestionario de Conductas de Riesgo para Adolescentes. Los resultados mostraron que existen diferencias en las normas culturales entre mujeres que han y no han tenido relaciones sexuales, donde las universitarias que aún no inician su vida sexual presentan un mayor arraigo a las creencias y normas culturales tradicionales y una menor apertura sexual en contraste con las que ya han iniciado su vida sexual. En el caso de los hombres, se encontraron diferencias significativas en la dimensión de virginidad donde se enfocan en medir la contribución de los adolescentes a su comunidad y a su familia ya que se consideraron

los contextos más inmediatos en donde el adolescente podría tener mayor oportunidad de aportar. Cabe señalar que los coeficientes de confiabilidad mostraron valores adecuados en cada una de las dimensiones del instrumento.

**Abstract.**

Results are presented from a study that analyzed differences in cultural norms and beliefs in college students who have and have not had sexual relations. The study involved 360 university students, from public and private institutions, to whom the Inventories of Cultural Norms and Beliefs were applied in the areas of interpersonal relations and gender indicators, as well as the Questionnaire of Risk Behaviors for Adolescents. The results showed that there are differences in cultural norms between women who have had and have not had sexual relations, where university women who have not yet initiated their sexual life present a greater attachment to traditional cultural beliefs and norms and a lesser openness regarding sex in contrast to those who have already initiated their sexual life. In the case of men, significant differences were found in the virginity dimension. The contribution of adolescents to their community and family was measured, as the most immediate contexts in which the adolescent might have the greatest opportunity to contribute were considered. It should be noted that the reliability coefficients showed adequate values in each of the dimensions of the instrument.

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### **Bibliografía.**

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