

Interlaminar stabilization and decompression for the treatment of bilateral juxtafacet cysts: case report and literature review

Cajigas, Iahn; **Varon, Alberto**; Levene, Howard B.

Resumen. Los quistes lumbares yuxtafacetarios (QLY) son una causa común de radiculopatía lumbar. El Coflex® es un novedoso aparato de estabilización interlaminar que ha demostrado alcanzar resultados comparables a los de la fusión rígida en el manejo de la estenosis lumbar en pacientes con un grado no mayor a una anterolistesis y un desempeño superior comparado al de la laminectomía sola cuando se utilizó un puntaje resultado combinado.

Abstract. Lumbar juxtafacet cysts (JFCs) are a common cause of lumbar radiculopathy. Coflex® is a novel interlaminar stabilization device that has been shown to achieve comparable results to rigid fusion in the management of lumbar stenosis in patients with at most grade one anterolisthesis, and showed superior performance

compared to laminectomy alone when a combined outcome score was used.

Referencia bibliográfica.

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